

NEWSLETTER

JUNE 2019



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NEWSFLASH

This time of the year is full of competitions, specially for the juniors. Our players have been involved in a lot of them, and they are the focus of this newsletter!

Joe H, Tom M and Charlie T achieved the amazing feat to win NAGs U19, playing for Newton Abbot. Bristol's 2005 born players participated in the Manchester festival tournament, and came 7th out of 20 teams! In the local league, both the Juniors and the Juniors II have been playing games and rapidly improved. Finally, Jonathan R, Will T and Joe A took part in the Inter Regional tournament, as part of the South West team. Joe, achieving the MVP award.

The ladies have been preparing in training for whats to come, with intense sessions. While the Barbarians, have continued to dominate their league, and remain undefeated with only two games to go. They will most likely win the league once again!

IN DEPTH

○ JUNIORS TRAVEL TO MANCHESTER FESTIVAL

The young players of the City of Bristol 2005 squad headed to Manchester for their first taste of competition outside of the local area, indeed only 2 players had played more than a handful of games before this tournament.

Our first match was against St Ambrose, and the team started brilliantly, all the players worked extremely hard for each other and surpassed expectations, comfortably winning 5-0. The second game in the group was against Chester. Playing a really solid defensive game, all helping each other as much as possible. We weren't quite as fluid in front of goal but did manage to score 4 resulting in a narrow (but comfortable!) 1 goal win. Next we took on City of Sheffield. The team was full of confidence now, and the game resulted in a comfortable 7-0 win.

The final group game was against Bridgeport, also undefeated in the group. We started excellently, and the players carried out the coaches instructions to play a drop in order to stop Bridgeport's aggressive centre forward. We went 4-0 up! Sadly Bridgeport responded well and as tiredness caused the wheels to buckle and then fall off we ended up with a 7-4 loss.

The quarter finals were against Cheltenham, we started well and had several chances, then some missed chances and then some inexperience, and we ended up on the receiving end of an 8-1 loss. We were running on fumes! Having already played 5 games in the day our 8 players tried valiantly in the 5th-8th playoff game against Northampton. Although we gave 100% we couldn't match them physically and we lost 7-3. We were now in the 7th-8th playoff. The team stepped up to the challenge and produced an excellent performance against Warrington, winning 12-1.

All the players were fantastic in the final match and it gave them all a chance to show how much they had developed in just one competition. Thanks to City of Manchester for hosting the event and to Bolton school for 'lending' us their 2nd GK for day. Everyone had a great time and gained a huge amount of experience to take with them to their next match.

LADIES



○ A MONTH OF HARD WORK

With the end of National League and a brief stop in the Local League, the team has taken this opportunity to increase the difficulty of training sessions. Very long swims have been a staple, sometimes with t-shirts on, to increase drag and the effort needed. These have more often than not been followed by intense leg workouts and technique exercises.

Sights are definately placed on next season, and the team is starting work now, making sure they give themselves the best chance once the autumn arrives.

MEN



○ JOE, TOM AND CHARLIE WIN NAGS

After being canceled due to a burst light bulb, NAGs U19 competition finals took place. Joe H, Tom M, and Charlie T, were there with Newton Abbot, being crucial members in their challenge for the title. And they did not disappoint, going all the way to win the title!

Tom was commanding in goal, making it almost impossible for the opposition to score while Joe was dominating outfield, both at centre back and forward. Charlie also contributed to the team effort. A huge congratulations to the three of them!



MEMBER OF THE MONTH

AARON COCKING

The CoB player of the tournament, in Manchester, and this month's member of the month, was Aaron for his selfless defensive work throughout the day. He managed the team's defence amazingly. A role he is not used to doing as he normally plays up an age group so doesn't spend much time at centre back! Also, in the last game, finally released from his defensive duties, did what left handers do. Swam down the wing and scored! When asked about the tournament, Aaron told us how it was probably the first time he was one of the older players in the water, and the physicality of some centre forwards he had to come against.

JUNIORS



○ LOCAL LEAGUE RECAP

Going into July, the Juniors will look to redeem themselves after an eventful game against Devonport, where the team struggled to gain hold of the game and show what they are capable of doing. The Junior's II sit top of their league, with 4 wins out of 6 games. An incredible start, which they will look to build on.

○ BRISTOL PRESENCE AT INTER REGIONALS U16

Jonathan R, Will T and Joe A were selected to the South West team, unfortunately the competition was very tough and the boys couldn't succeed on this occasion. Still, a great individual achievement to be in the squad. Special mention to Joe A, who was named MVP!

RESULTS

MEN

BWPL CHAMP 2

	P	W	D	L	GD	Pts
1 Watford	7	6	0	1	30	12
2 Bristol	7	6	0	1	37	12
3 Worthing	7	6	0	1	18	12

B&W BRISTOL

Premier Division

	P	W	D	L	GD	Pts
4 Welsh W	3	2	0	1	7	4
5 Exeter	5	1	0	4	-4	2
6 Bristol	1	0	0	1	-3	0

B&W BARBARIANS

Division 1

9th Taunton 11 14 Bristol

	P	W	D	L	GD	Pts
1 Barbarians	10	9	1	0	82	19
2 Frome	10	7	0	3	20	14
3 Devonport	6	4	0	2	-3	8

B&W HARLEQUINS

Division 2

	P	W	D	L	GD	Pts
3 South G.	7	2	0	5	-16	4
4 Harlequins	5	2	0	3	1	4
5 Newport	6	2	0	4	2	4

LADIES

BWPL CHAMP 1

		P	W	D	L	GD	Pts
5	Liverpool	7	3	0	4	-16	6
6	Bristol	7	1	2	4	-7	4
7	Tyldesley	7	1	1	5	-23	3

B&W BRISTOL

Ladies Division

		P	W	D	L	GD	Pts
2	Exeter	3	2	0	1	7	4
3	Bristol	2	1	0	1	0	2
4	N. Abbot	1	0	0	1	-14	0

JUNIORS

B&W BRISTOL

Junior Division 1

2nd

Bristol

9

10

Devonport

	P	W	D	L	GD	Pts	
1	Devonport	2	2	0	0	9	4
2	Bristol	2	1	0	1	20	2
3	Welsh W	2	0	1	1	-21	1

B&W BRISTOL II

Junior Division 2

9th

Taunton

5

11

Bristol

16th

Bristol

11

15

Cwm D

	P	W	D	L	GD	Pts	
1	Bristol	6	4	0	2	14	8
2	Cwm D	4	2	1	1	8	5
3	Swansea	3	2	0	1	4	4

JULY 2019

MON	TUE	WED	THU	FRI	SAT	SUN
	2	3	4	5	6	Ladies vs N. Abbot 7 Juniors @ Exeter
8	9	10	11	12	Ladies + Men @ N. Abbot 13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	Harlequins @ Newport 28
29	30	31	1	2	3	4